



St John's Physical Education Progression of Skills - (Including Games, FUNS, Real Dance and Real Gym) Year A.

<u>YEAR A</u>	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Team Games EYFS, Unit 1	Real Dance EYFS, Unit 2	Real Gym (Unit 1) EYFS, Unit 3	Ball skills EYFS, Unit 4	Athletics EYFS, Unit 5	Real Gym (unit 2) EYFS, Unit 6
KS1 (Y1 skills)	Real Dance (Year 1) Year 1, Unit 1	Real Gym Year 1, Unit 2	Real Gym Year 1, Unit 3	Hockey Year 1, Unit 4	Athletics Year 1, Unit 5	Rounders Year 1, Unit 6
LKS2 (Y3 skills)	Orienteering Real Dance – Year 3, Unit 1	Real Gym – Year 3, Unit 1 Year 3, Unit 2	Netball Year 3, Unit 3	Rounders Year 3, Unit 4	Athletics Year 3, Unit 5	Real Gym – Year 3, Unit 2 Year 3, Unit 6
UKS2 (Y5 skills)	Orienteering Real Dance – Year 5/6, Unit 1 (in)	Tag Rugby (out) Year 5/6, Unit 2	Football (out) Real Gym – Year 5/6, Unit 2	Basketball (out) Year 5/6, Unit 4	Athletics (out) Year 5/6, Unit 5	Cricket (out) Year 5/6, Unit 3
	Year 5 swimming			Year 6 Top up swim		