

Choice of optional Tasks to support your independent learning

Term 1: How am I unique?

	What do I know and understand?	Can I apply and show what I know?	What can I create?
I enjoy reading, writing and speaking	Talk to your family about what makes you unique in your family. What things are special to you.	Ask your parents if you can see a copy of your birth certificate to see all your unique details.	Draw a flower on a piece of paper. Draw your face in the middle and then use a petal to record your favourite food, toy, film, book etc
I enjoy painting, drawing and visualising	Draw a self-portrait. You can create a picture/painting/collage of your face.	Draw a picture of your favourite season.	Create a thank you card to send to someone who has helped you.
I enjoy being active and doing hands on activities	Listen to your favourite song. What instruments do you think you can hear and is it a fast or slow song.	Use your favourite song to make up your own dance or exercise routine.	Create an outfit of how you think you may look when you are a grown up. Borrow clothes from your family and take a picture to show us.

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Term 2: Why and how do we celebrate?

	What do I know and understand?	Can I apply and show what I know?	What can I create?
I enjoy reading, writing and speaking	Talk to your family about different celebrations that happen in your family	Bring in a picture of your family dressed up during a special celebration	Make a special treat for a celebration with your grown up. It could be a birthday cake, cup cakes, flapjack, or a celebration dinner. Take a photo or bring some in to show.
I enjoy painting, drawing and visualising	During autumn we celebrate Halloween. With an adult hollow out a pumpkin and make a lantern	Using paint make a firework picture. You can use a straw to blow the paint or lolly stick to scrape the paint. Using dark coloured paper as your background will make your fireworks stand out.	Write an invitation to a celebration. Make sure you say who it's too and from and what the celebration is for.
I enjoy being active and doing hands on activities	Go on a walk with a grown up and collect leaves and examples of nature	Using the leaves you collected show us what tree they come from. Draw the tree or write it's name	Use the leaves you collected on your walk to make a picture of a tree or outside scene.

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Term 3: Who are the people that help us lead a healthy lifestyle?

	What do I know and understand?	Can I apply and show what I know?	What can I create?
I enjoy reading, writing and speaking	At home discuss the people who help you lead a healthy lifestyle? Take a picture and bring it in if you visit someone this term.	Visit the library. What books can you find on our project this term? Write down or draw some key facts you found out.	Role play and dress up as someone who helps us lead a healthy lifestyle. Take a photo and bring it in to share.
I enjoy painting, drawing and visualising	Make a poster on how we can lead a healthy lifestyle.	Draw a picture of someone who helps you lead a healthy lifestyle. E.g. Doctor, nurse, dentist, football/swimming/dance coach.	Design your healthy balanced plate. What foods would you put on it? Can you name the different food groups?
I enjoy being active and doing hands on activities	Can you change how you come to school? Can you include a bike/scooter ride? A longer walk?	Make your own fruit salad. Bring some into school for your snack and show your friends and your teacher!	Try something new... *A new fruit/vegetable *A new sport

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Term 4: Who are the people that help us?

	What do I know and understand?	Can I apply and show what I know?	What can I create?
I enjoy reading, writing and speaking	At home who helps you? Speak to them and talk about what they do for you that helps you.	Write a list of 5 (or more) questions that you would ask a person who does a job that helps us.	Make your own emergency vehicle. You can use lego, junk modelling, anything to build your vehicle that would help in an emergency.
I enjoy painting, drawing and visualising	Design your own snowman. You could draw one and make sure you dress them. You could use loo rolls and cotton wool to make a snowman.	Learn your address and phone number. Practice what you would say if you needed to make an emergency 999 call.	Write your own poem. Use the word WINTER and start each line with the next letter. This is called an acrostic poem. Wind blows Ice forms Nervous skaters Twinkling snow Everyone chilly Running home to get warm
I enjoy being active and doing hands on activities	Make a den. You could use sheets and blankets at home and peg them over chairs. Role play that you are on an arctic expedition.	Make your own ice lollies. Using your favourite juice or squash make up some drinks and pour them into moulds or ice cube trays. Let them freeze overnight and then taste your creations.	Create your own people who help us costume. Borrow clothes from your family like hats and shirts to make your costume. Pretend to be the person helping. What would you do?

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Term 6: What makes our world wonderful?

	What do I know and understand?	Can I apply and show what I know?	What can I create?
I enjoy reading, writing and speaking	Think of examples of things that you love most in our world. Ask you family for their favourites	Do you have a pet? What is special about your pet. If you don't have a pet write about your favourite toy.	Draw a picture of your pet or toy. Use labels to show us the different parts and names of things.
I enjoy painting, drawing and visualising	Make a poster of a category of animals. Wild animals, farm animals, nocturnal animals, any you like.	Make a symmetrical butterfly. Using a sheet of paper fold it in half. Pour some paint onto one side and then fold the paper together. Press it down and open up to reveal your butterfly.	After our Longleat trip draw yourself visiting your favourite animal that you saw during our day there.
I enjoy being active and doing hands on activities	Using an atlas or the internet look at a world map. See if you can find where you live on the map. Places you've been on holiday.	Using your favourite fruits and vegetables make a fruit kebab. Have an adult to help you cut up the pieces and place them on the skewer.	Make up your own quiz. Use facts from our world. Animals, the oceans, countries and bring it into school for us to see.

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