



PSHE Curriculum Intent at St John's Catholic Primary School, Trowbridge.

At St John's Catholic Primary School we provide a well-rounded programme of study for PSHE (Personal, Social, Health education) which covers all elements of National Curriculum expectations as well as provision to develop citizenship, SMSC (spiritual, moral, social and cultural) and British Values. Catholic Social Teaching (Caritas in Action by Diocese of Salford) passionately underpins our teaching and is fed throughout the curriculum and mission statement.

PSHE education provides an opportunity to provide or enhance skills such as perseverance, conflict resolution, emotional intelligence, self-management, self-respect, team work, locus of control, time and stress management. (Personal, social, health and economic (PSHE) education: a review of impact and effective practice March 2015) At St Johns we provide our children with the support, understanding and skills they need for life in order to make good choices, become life-long learners and stay safe in our ever changing world. (PSHE Association evaluated research 'A case for PSHE' indicates that PSHE when taught well - helps keep children and young people safe, physically and emotionally healthy and prepared for life)

PSHE helps to enhance learning and development of the whole child and ensures that our Catholic values remain integral to and at the heart of everything we do. Children will explore the ideas of relationships, feelings and appropriate behaviours, self-confidence and self-awareness, rules and routines, empathy and most recently restorative justice.