

Child-Friendly Anti-Bullying Policy

Written by The St John's Well Being Ambassadors



What is Bullying Behaviour?

The anti-bullying Alliance defines bullying as;

“Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power.”

Several

Times

On

Purpose

What should I do if I think I am being bullied?

At St John's Catholic Primary School, we want to make sure that you are looked after, safe and happy when you are in and out of school.

The **Well-Being Ambassadors** will help you to understand what bullying is and what to do if you think you are being bullied.

- If you can, ask the people to stop.
- Sit on the buddy bench. If you are sat on the bench, an **Anti-Bullying Ambassador** or an adult will come to talk to you.
- You shouldn't be scared to talk to someone.

Do Not

- Keep it to yourself – people can't help if they don't know about it.
- Retaliate – don't get angry or upset or hit out at them (*we know this can be difficult*).

- Do what they say
- Take it personally – it is not your fault and you are not to blame.

What should I do if I see someone else being bullied?

- Don't ignore it – take action! Don't be a bystander. Be an Upstander!
- If it is safe to do so, tell the bully to STOP!
- Tell an adult straight away.



Who can you tell?

- A friend
- A parent or carer
- Teachers
- Head Teacher- Mrs O'Rourke
- Deputy Head Teacher- Mr Gerrish
- Teaching assistants
- A well being ambassador
- Lunch time staff

Remember our learning on the NSPCC speak out to stay safe campaign.

(<https://learning.nspcc.org.uk/services/speak-out-stay-safe>)

Most Importantly

- Tell Someone

How can I help stop bullying at St John's?

- Make sure I follow the rules in this guide
- Help others in need
- Be kind, friendly and respectful to others
- Think about other people's feelings before we say or do something