

GIRLS' FOOTBALL SCHOOL-GFS

Welcome to my Football School for talented female players!

The aim of this course is to provide all girls with a stimulating coaching environment in which they can have fun and learn to develop their technique and skills to an advanced level.

Emil Kartselski -UEFA "A" Licenced Coach who has coached the Women's National Football Team in Bulgaria, will be leading the 60 min weekly session.

GFS Syllabus:

THE SYLLABUS has been developed and based on my 22 years of experience working with young players within different levels of the game. Each week players are coached on a TOPIC OF THE WEEK.

My football learning is categorised into Key Principles, and throughout my football learning journey all players will be working to learn topics which relate to these key principles.

My session structure is then designed around this, ensuring all relevant Technical and Tactical areas linking to the topic are learnt and developed throughout the session.

My objective is to create composed and effective players on the ball.

GFS topics progress each week to ensure that players are introduced to all of the age appropriate coaching essentials, ensuring they develop fundamental and comprehensive skills that will take them to the next level.

BEHAVIOURS and WHAT TO EXPECT: Throughout my football sessions, players are coached and reminded to come with a certain way of thinking and a mentality to improve and develop.

Games Programme: Players will be invited to matches to test themselves against players in their age groups in the area. This is a chance for them to show how much they have taken on board in sessions and provide exposure to showcase their talent to other coaches ,clubs and parents.

Report Cards: At the end of each term I will write report cards for each player, highlighting strengths and areas for development and thought.

Fees: £ 6 per session /First three Fridays are going to be free of charge/

Venue: St John's Catholic Primary School Fields

Times: 5.30 pm-6.30pm on Fridays /Starting on 15th September/

Contact details : email karcelski@yahoo.com Phone number- 07475166610